



Communities  
In Schools®

Kalamazoo

## SUGGESTED WALKING TRAILS

# Walking with PURPOSE



### The Bluebird Trail

Location: Kalamazoo Nature Center

Distance: 3 miles

Difficulty: Moderate

Why we love it? Stroll through the thick, lush forest as the creek winds by. Work your way through the prairie to the tall grass. Enjoy the colors changing in the surrounding trees as the grass blows in the wind. An absolute favorite!



### The Asylum Lake Trail

Location: Asylum Lake

Distance: 3 miles

Difficulty: Moderate

Why we love it? Absolute perfection in the fall as the foliated trees reflect on the lake. Tons of trail options to extend your walk or make it shorter. See if you can spy the beavers or their work!



### The Bicentennial Trail

Location: Can start from multiple locations including Bicentennial Park, Celery Flats or trailhead located across from Loy Norrix

Distance: As long as you like, from the trailhead to Celery Flats and back is 7 miles

Difficulty: Easy- difficult depending how long you go

Why we love it? Paved surface makes it great for strollers or kids on bikes. You can make it as long as you like. The scenery is beautiful with tall trees and even some cattails. Find the marker for the halfway point between Detroit and Chicago!



### The Chipman Trail

Location: Chipman Nature Preserve (Galesburg)

Distance: 3 miles

Difficulty: Moderate

Why we love it? Rolling grass with forest. Very little elevation gain makes it an easier 3 mile option. Part of the Southwest Land Conservancy. Can take off trails to make it longer. Dogs are welcome in this beautiful diverse landscape!

#### Other places to check out!

Al Sabo Land Preserve- Beautiful pines, lots of trail options

Lillian Anderson Arboretum- Boardwalk bog and dense foliage

Looking to get out to her Majesty, Lake Michigan? Check out Saugatuk Dunes State Park, Warren Dunes or make the drive to Indiana Dunes National Park (an absolute gem!)

For list of accessible trails use the following link: <https://www.traillink.com/stateactivity/mi-wheelchair-accessible-trails/>